



INTERNATIONAL
MASTER
CLASS

Beats
Campus.

MAY-JULY 2021
MAGGIO-LUGLIO 2021

Dates: **Tuesday 18th May through Tuesday 6th July 2021**

Platform: **Zoom**

Enroll at: strasbergcampus.com/enroll-drop-in

The Strasberg **Method**

The Strasberg Method was created on the basis of the Stanislavskij method. Mr Lee Strasberg founded the Actor's Studio in New York in the '60s.

Where Stanislavskij focuses on the Objective, as in what the actor/character wants, Strasberg goes deeper than that and asks of you that you learn to connect with what you need - referring here to your inner child's main *Unfulfilled Need*.

Furthermore with the Strasberg Method, we don't simply have a "conflict": we use the Triangulation *Need - Action - Tragic Flaw*. These three aspects really help us focus on the human psychological cycles.

The International **Masterclass**

The International Masterclass is a series of **8 weekly encounters** of the duration of **three to four hours each** (depending on the amount of work scheduled for each session) during which you will have the chance to experience the full Strasberg Campus training, without having to fly to London.

The Masterclass will be held in **English** and translated live into **Italian**, you will work closely with actors from different countries and cultures and familiarise yourself with the two main aspects of the Strasberg Training: the **Character's Intimacy Training** and the **Scene Work**.

During each session you will work on yourself, learn what your self-sabotages are, how to connect to your Emotion Tool and be assertive, how to be vulnerable and private in public, how to speak through your feelings and effectively use your voice, and also get to see how you improved your performance and lines delivery over time.

Before you start the Masterclass, **pick a Character**: you must memorise a **1-2 minute monologue** and choose **an activity** you can do in their Private Moment (keep in mind the activity must go on for 10-15 minutes).

To advanced students and Campus Trainees the chance will be given to choose to work on the **Actor's Intimacy Training** instead (a set of 6 steps), usually only done in person. Get in touch with us before the Masterclass to discuss this.

Character's Intimacy Training

The Character's Intimacy Training is a set of exercises (or "steps") that helps you work on your character's own shadow and private aspects, to then be able to really grasp their essence. There are three main steps in this training: the *Private Moment*, the *Phone Call* and the *Animal*.

Over the 8 weeks, you'll be working directly on the Need and shadow of the character: the process is profound, fast and very efficient.

You will start with the Private Moment.

The Private Moment

The Private Moment is the first step of the Character's Intimacy Training. It consists in **an activity that you would immediately terminate should anyone see you or hear you**. The character would do this alone and alone only.

The Private Moment is a perfect exercise to **learn to be private in public, to really connect to the character's Unfulfilled Need and to develop your own vulnerability as an actor**.

When you 'pass' the Character's Private Moment, you then move on to the following step in the Intimacy Training, the Phone Call. Note that some actors will spend a long time on the same step before passing it, instead others will pass a step very quickly and maybe then get 'stuck' on the following one. This is all part of the journey, every time you perform the exercise will teach you something new: every time is different because a different person is in it. It's a training orientated towards finding your own unicity, and it's a very powerful and beautiful journey.

Scene Work

The **Scene work** will involve a monologue either assigned to or chosen by the Trainee themselves. It can be from cinema, theatre or series.

Within the time dedicated to Scene Work, you'll be taught **Script Analysis and Sense/Emotion Memory**, including how to use **Substitutions**.

Script Analysis

Script Analysis is a pivotal tool to understand how deeply connected Acting is to Writing and Directing.

You'll learn how to identify the **Story Arc** of the chosen script and divide it into beats (or "bits"), knowledge that will make you much more effective as an actor with any piece of writing.

Sense and Emotion Memory

In order to authentically express (not act!) emotions in a scene, we need our Emotion Memory. Over the space of 8 weeks you'll learn how to recall past experiences and then re-experience the connected emotion anew, being able to use it for your scene. You will be guided through this process with helpful relaxation exercises and visualisations, that will also make use of your Sense Memory. The latter helps your ability to believe in the imaginary circumstances by sensing the details in your memory and projecting them around you in the Here and Now, on stage or on set.

Testimonials

"Alexander is wonderful: a wonderful person and a wonderful viewer."
(Susan Batson, Acting Coach Extraordinaire, Lee Strasberg's former assistant)

"Alexander coached me towards not only my acting technique, but how to handle life as a professional actor - something I've been lacking in my 16 years of professional development. I learnt extremely important skills such as how to handle reviews/feedback, how to negotiate script changes with the writer/director, how to stay motivated to audition and practice as well as a practical approach to making Substitutions through the Strasberg/Adler method. Any student will GROW from working with Alexander!"

(Leigh Fitzjames, Actress)

“You could do this.”

(Francesca Viscardi Leonetti, Acting Coach, Susan Batson's former PA)

“Alexander is a wonderful teacher and thanks to him I have improved my acting skills very well.

I have learned a lot more about this profession and first of all, I've learned how to discover myself in a better way.

He's an outstanding person and hard-working guy.

Thanks to the lessons with him, I managed to overcome nine auditions for drama schools here in London, and six offered me a place!”

(Valentina Puggioni, Actress)

Find more testimonials, gallery, more on the Method or simply sign up to the Masterclass at <https://www.strasbergcampus.com>

The Coach

Alexander had the great luck of training with brilliant teachers and coaches who assisted Lee Strasberg himself. His very own take on this technique taps into the work of Susan Batson and Francesca Viscardi Leonetti.

Alexander has received 2 awards and has been nominated 4 times as Best Actor for his powerful and vulnerable performance in the short film *Call me when you're dead*. He has extensive experience in theatre and cinema, including Hollywood movies such as *The Man from UNCLE* by G. Ritchie and *Kingsman: the Golden Circle* by M. Vaughn; the Channel 4 drama *Adult Material*; award-winning independent films like *Looking for something else* by A. Rupalti and *Stars and Bones* by R. Tamburini; successful plays such as *A Midsummer Night's Dream*, *STOP! In the name of Love: The Bear* and *Seven short blasts*. He will also star in *The Girlfriend Experience 3*, the series produced by Stephen Soderbergh.

Alexander is also a highly experienced **holistic healer** and believes in a holistic approach to coaching and acting: finding your own Truth means to explore all that it's hidden inside you, and in order to find your own Truth, you need to look beyond the comfortable parts of your character and scavenge deeper, where the ice is thin and beautiful things are

